



THOMAS RECREATION CENTER

MAY 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Address: 301 Geraldine Lafayette, LA 70506 Phone: (337) 291-5553 Center Coordinator: Cindy Bardash & Building Maintenance: Milton Breaux			1 Free play 2-4:30pm Gymnastics 4:30-6pm Dance/Exercise 6-7:30pm Taekwondo 6-8pm Athletics 6-9pm	2 Pickleball 3-8:55pm Taekwondo 6-8pm Fencing 6-8pm	3 Qi Gong 9-10am Pickleball 10am-1pm Taekwondo 10:30-11:30am Fencing 12-2pm Line Dance 12-1pm Free play 1-1:55pm
4	5 Free play 2-2:50pm Pickleball 3-8:55pm Karate 5:30-7:30pm	6 Free play 2-5:50pm Improver Line Dance 3:15-4:15pm Zo Fit Rhythm & Cardio 5:30pm Fencing 6-8pm Free play 8-8:45pm Ballroom Dance 7:30-8:45pm	7 Pickleball 9am-1pm Free play 2-5:45pm Karate 5:30-7:30pm Athletics 6-9pm	8 Free play 2-4:30pm Gymnastics 4:30-6pm Dance/Exercise 6-7:30pm Taekwondo 6-8pm Athletics 6-9pm	9 Pickleball 3-8:55pm Taekwondo 6-8pm Fencing 6-8pm	10 Qi Gong 9-10am Pickleball 10am-1pm Taekwondo 10:30-11:30am Fencing 12-2pm Line Dance 12-1pm Free play 1-1:55pm
11	12 Free play 2-2:50pm Pickleball 3-8:55pm Karate 5:30-7:30pm	13 Free play 2-5:50pm Improver Line Dance 3:15-4:15pm Zo Fit Rhythm & Cardio 5:30pm Fencing 6-8pm Free play 8-8:45pm Ballroom Dance 7:30-8:45pm	14 Pickleball 9am-1pm Free play 2-5:45pm Karate 5:30-7:30pm Athletics 6-9pm	15 Free play 2-4:30pm Gymnastics 4:30-6pm Dance/Exercise 6-7:30pm Taekwondo 6-8pm Athletics 6-9pm	16 Pickleball 3-8:55pm Taekwondo 6-8pm Fencing 6-8pm	17 Qi Gong 9-10am Pickleball 10am-1pm Taekwondo 10:30-11:30 Fencing 12-2pm Line Dance 12-1pm Free play 1-1:55pm
18	19 Free play 2-2:50pm Pickleball 3-8:55pm Karate 5:30-7:30pm	20 Free play 2-5:50pm Improver Line Dance 3:15-4:15pm Zo Fit Rhythm & Cardio 5:30pm Fencing 6-8pm Free play 8-8:45pm Ballroom Dance 7:30-8:45pm	21 Pickleball 9am-1pm Free play 2-5:45pm Karate 5:30-7:30pm Athletics 6-9pm	22 Free play 2-4:30pm Gymnastics 4:30-6pm Dance/Exercise 6-7:30pm Taekwondo 6-8pm Athletics 6-9pm	23 Pickleball 3-8:55pm Taekwondo 6-8pm Fencing 6-8pm	24 Qi Gong 9-10am Pickleball 10am-1pm Taekwondo 10:30-11:30 Fencing 12-2pm Line Dance 12-1pm Free play 1-1:55pm
25	26 Memorial Day – Closed	27 Free play 2-5:50pm Improver Line Dance 3:15-4:15pm Zo Fit Rhythm & Cardio 5:30pm Fencing 6-8pm Free play 8-8:45pm Ballroom Dance 7:30-8:45pm	28 Pickleball 9am-1pm Free play 2-5:45pm Karate 5:30-7:30pm Athletics 6-9pm	29 Free play 2-4:30pm Gymnastics 4:30-6pm Dance/Exercise 6-7:30pm Taekwondo 6-8pm Athletics 6-9pm	30 Pickleball 3-8:55pm Taekwondo 6-8pm Fencing 6-8pm	31 Qi Gong 9-10am Pickleball 10am-1pm Taekwondo 10:30-11:30 Fencing 12-2pm Line Dance 12-1pm Free play 1-1:55pm