

THOMAS RECREATION CENTER

JULY 2025								
Sun	Mon	Tue	Wed	Thu	Fri	Sat		
		Tree play 2-5:50pm Improver Line Dance 3:15-4:15pm Zo Fit Rhythm & Cardio 5:30pm Fencing 6-8pm Ballroom Dance 7:30-8:45pm Free Play 8-8:45pm	Pickleball 9am-1pm Free play 2-5:45pm Karate 5:30-7:30pm Gymnastics 4:15-6pm Free play 6-8:55pm	Gymnastics 4:30-6pm Taekwondo 6-8pm Free play 6-8:55pm	4 Happy Independence Day! Closed	Qi Gong 9-10am Pickleball 10am-1pm Taekwondo 10:30-11:30am Fencing 12-2pm Line Dance 12-1pm Free play 1-1:55pm		
6	Pickleball 3-8:55pm	Zo Fit Rhythm & Cardio 5:30 pm	Gymnastics 4:15-6pm	Gymnastics 4:30-6pm Taekwondo 6-8pm	Pickleball 3-8:55pm	12 Qi Gong 9-10am Pickleball 10am-1pm Taekwondo 10:30-11:30am Fencing 12-2pm Line Dance 12-1pm Free play 1-1:55pm		
13	Pickleball 3-8:55pm	Zo Fit Rhythm & Cardio 5:30pm Fencing 6-8pm		Gymnastics 4:30-6pm	Pickleball 3-8:55pm Taekwondo 6-8pm	19 Qi Gong 9-10am Pickleball 10am-1pm Taekwondo 10:30-11:30am Fencing 12-1pm Line Dance 12-1pm Free play 1-1:55pm		
20	Pickleball 3-8:55pm	Improver Line Dance 3:15-4:15pm Zo Fit Rhythm & Cardio 5:30pm	Karate 5:30-7:30pm	Gymnastics 4:30-6pm	Pickleball 3-8:55pm Taekwondo 6-8pm	26 Qi Gong 9-10am Pickleball 10am-1pm Taekwondo 10:30-11:30am Fencing 12-2pm Line Dance 12-1pm Free play 1-1:55pm		
27	Pickleball 3-8:55pm	Pree play 2-5:50pm Improver Line Dance 3:15-4:15pm Zo Fit Rhythm & Cardio 5:30pm Fencing 6-8pm Ballroom Dance 7:30-8:45pm Free play 8-8:45pm	Free play 2-5:45pm Karate 5:30-7:30pm Gymnastics 4:15-6pm	31 Free play 2-4:30pm Gymnastics 4:30-6pm Taekwondo 6-8pm Free play 6-8:55pm		Center Coordinator: Cindy Bardash Building Maintenance: Milton Breaux ADDRESS: 301 Geraldine Lafayette LA 70506 PHONE #: (337) 291-5553		