



ROSEHOUSE SENIOR CENTER

◀ Oct 2024

November 2024

▶ Dec 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Notes: Coordinator-Kristy Hayes Rosehouse Senior Center 120 Statesman Dr. Lafayette, LA 70506 (337) 291-5444</p>					<p>1 Fitness Room 7:30am- 10:30am Yoga (tape) 8:15am-9:15am Aerobics(tape) 9:30am-10:30am Center closes at 10:30am</p>	<p>2</p>
<p>3</p>	<p>4 Fitness Room 7:30am- 2:00pm Yoga (tape) 8:15am-9:15am Aerobics 9:30am-10:30am Aerobics 10:45am-11:45am Line Dance 12:00pm-1:30pm</p>	<p>5 Fitness Room 7:30am- 2:00pm Mexican Train 10:00am-1:00pm Color Craze 10:00am-12:00pm Games Galore 12:00pm-2:00pm</p>	<p>6 Fitness Room 7:30am- 2:00pm Yoga (tape) 8:15am-9:15am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Hand & Foot 10:30am- 2:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm</p>	<p>7 Fitness Room 7:30am- 2:00pm Color Craze 10:00am-12:00pm Pokeno 2 10:00am-1:00pm Line Dance 10:30am-11:45am Fitness room orientation by appt</p>	<p>8 Fitness Room 7:30am- 2:00pm Yoga (tape) 8:15am-9:15am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm</p>	<p>9</p>
<p>10</p>	<p>11 Fitness Room 7:30am- 2:00pm Yoga (tape) 8:15am-9:15am Aerobics 9:30am-10:30am Aerobics 10:45am-11:45am Line Dance 12:00pm-2:00pm</p>	<p>12 Fitness Room 7:30am- 2:00pm Pokeno 1 10:00am-1:00pm Mexican Train 10:00am-2:00pm</p>	<p>13 Fitness Room 7:30am- 2:00pm Yoga (tape) 8:15am-9:15am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Hand & Foot 10:30am- 2:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm</p>	<p>14 National Diabetes Day Fitness Room 7:30am- 2:00pm Diabetes Talk 9:00am- 10:00am Line Dance 10:30am-11:45am Games Galore 12:00pm-2:00pm Chair volleyball 12:00pm-2:00pm Fitness room orientation by appt</p>	<p>15 Fitness Room 7:30am- 2:00pm Yoga (tape) 8:15am-9:15am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm</p>	<p>16</p>
<p>17</p>	<p>18 Fitness Room 7:30am- 2:00pm Yoga (tape) 8:15am-9:15am Aerobics 9:30am-10:30am Aerobics 10:45am-11:45am Line Dance 12:00pm-1:30pm</p>	<p>19 Thanks 4 Giving Day Chase Bank Seminar 9am-10am Rosewood Auction 10:30am-11:30am Thanks 4 Giving Activity 12pm- 1:30pm Registration Required</p>	<p>20 Fitness Room 7:30am- 2:00pm Yoga (tape) 8:15am-9:15am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Hand & Foot 10:30am- 2:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm</p>	<p>21 Fitness Room 7:30am- 2:00pm Color Craze 10:00am-12:00pm Pokeno 2 10:00am-1:00pm Line Dance 10:30am-11:45am Medicare Seminar 1pm-2pm Fitness room orientation by appt</p>	<p>22 Fitness Room 7:30am- 2:00pm Yoga (tape) 8:15am-9:15am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm</p>	<p>23</p>
<p>24</p>	<p>25 Fitness Room 7:30am- 2:00pm Yoga (tape) 8:15am-9:15am Aerobics 9:30am-10:30am Aerobics 10:45am-11:45am Line Dance 12:00pm-1:30pm</p>	<p>26 Fitness Room 7:30am- 2:00pm Pokeno 1 10:00am-1:00pm Mexican Train 10:00am-2:00pm</p>	<p>27 Fitness Room 7:30am- 2:00pm Yoga (tape) 8:15am-9:15am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Hand & Foot 10:30am- 2:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm</p>	<p>28 </p>	<p>29 Acadian Day </p>	<p>30</p>