

Apr 2024 May 2024 Jun 2024 ▶							
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
Notes: Coordinator-Ki Rosehouse Senior Cer 120 Statesman Dr. Lafayette, LA 70506 (337) 291-5444			T	Fitness Room 7:30am-2:00pm LSU-Ag 9:00am-10:30am Healthy Plates Color Craze 10:00am-12:00pm Games Galore 12:00pm-2:00pm Line Dance 12:45pm-2pm	Fitness Room 7:30am- 2:00pm Yoga (tape) 8:15am-9:15am Aerobics 9:30am-10:30am	4	
5 CILCU MAYIA	Fitness Room 7:30am- 2:00pm Yoga (tape) 8:15am-9:15am Aerobics 9:30am-10:30am Bouree 10:00am-1:00pm Aerobics 10:45am-11:45am Line Dance 12:45pm-2:00pm	7 Fitness Room 7:30am- 2:00pm Mexican Train 10:00am-2:00pm	8 7:30am-2:00pm Yoga (tape) 8:15am-9:15am Aerobics 9:30am-10:30am Bouree 10:00am-1:00pm Pitty Pat 10:00am-12:00pm Hand & Foot 10:00am-2:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm	Fitness Room 7:30am- 2:00pm Mother's Day Painting 9:00am- 11:00am Registration Required Chair volleyball 11:00am-12:30pm Games Galore 12:00pm-2:00pm Line Dance 12:45pm-2:00pm	Fitness Room Y:30am- 2:00pm 8:15am-9:15am 9:30am-10:30am 10:00am-1:00pm Pitty Pat 10:00am-12:00pm Aerobics 10:45am-11:45am 12:00pm-2:00pm	11	
12 Nother's	13 Fitness Room 7:30am-2:00pm Yoga (tape) 8:15am-9:15am Aerobics 9:30am-10:30am Bouree 10:00am-1:00pm Aerobics 10:45am-11:45am Line Dance 12:45pm-2:00pm	14 Fitness Room 7:30am- 2:00pm Pokeno 10:00am-1:00pm Mexican Train 10:00am-2:00pm	15 Fitness Room 7:30am-2:00pm Yoga (tape) 8:15am-9:15am Aerobics 9:30am-10:30am Bouree 10:00am-1:00pm Pitty Pat 10:00am-12:00pm Hand & Foot 10:00am-2:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm	Fitness Room 7:30am- 2:00pm Color Craze 10:00am-12:00pm Hand & Foot 10:00am- 1:00pm Games Galore 12:00pm-2:00pm Line Dance 12:45pm-2pm	Fitness Room 7:30am- 2:00pm Yoga (tape) 8:15am-9:15am Aerobics 9:30am-10:30am	18	
19	20 Fitness Room 7:30am- 2:00pm Yoga (tape) 8:15am-9:15am Aerobics 9:30am-10:30am Bouree 10:00am-1:00pm Aerobics 10:45am-11:45am Line Dance 12:45pm-2:00pm	21 Fitness Room 7:30am-2:00pm Cajun Council on Aging 10:00am-12pm Immune Support Seminar Mexican Train 10:00am-2:00pm	Bingo 12:00pm-2:00pm BINGO Sponsor	Fitness Room 7:30am- 2:00pm Color Craze 10:00am-12:00pm Chair volleyball 11:00am-12:30pm Games Galore 12:00pm-2:00pm Line Dance 12:45pm-2:00pm	Fitness Room 7:30am- 2:00pm Yoga (tape) 8:15am-9:15am Aerobics 9:30am-10:30am Bouree 10:00am-1:00pm Pitty Pat 10:00am-12:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm BINGO SPONSOR	25	
26	MEMORIAL DAY TEXTURER AND BOXON	28 Fitness Room 7:30am- 2:00pm Pokeno 10:00am-1:00pm Mexican Train 10:00am-2:00pm	29 7:30am-2:00pm Yoga (tape) 8:15am-9:15am Bouree 10:00am-1:00pm Pitty Pat 10:00am-2:00pm Aerobics 10:45am-11:45am Bingo 10:00pm Bingo 10:00pm Bingo 10:00pm 10:00	Fitness Room 7:30am-2:00pm Color Craze 10:00am-12:00pm Hand & Foot 10:00am- 1:00pm Games Galore 12:00pm-2:00pm Line Dance 12:45pm-2pm	Yoga (tape) 8:15am-9:15am Aerobics 9:30am-10:30am		