



ROSEHOUSE SENIOR CENTER

◀ May 2024		June 2024					Jul 2024 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
						1	
2	3 Fitness Room 7:30am- 2:00pm Yoga (tape) 8:15am-9:15am Aerobics (tape) 9:30am-10:30am Bouree 10:00am-1:00pm Aerobics (tape) 10:45am-11:45am Line Dance 12:00pm-1:30pm	4 Fitness Room – Closed Senior Resource Fair 10:00am – 1:00pm	5 Fitness Room 7:30am- 2:00pm Yoga (tape) 8:15am-9:15am Aerobics 9:30am-10:30am Bouree 10:00am-1:00pm Pitty Pat 10:00am-12:00pm Hand & Foot 10:00am- 2:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm	6 Fitness Room 7:30am- 2:00pm Father's Day Fun & Games 9:00am- 10:30am Line Dance 10:30am-11:45am Games Galore 12:00pm-2:00pm	7 Fitness Room 7:30am- 2:00pm Yoga (tape) 8:15am-9:15am Aerobics 9:30am-10:30am Bouree 10:00am-1:00pm Pitty Pat 10:00am-12:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm	8	
9	10 Fitness Room 7:30am- 2:00pm Yoga (tape) 8:15am-9:15am Aerobics 9:30am-10:30am Bouree 10:00am-1:00pm Center Set Up 10:45am-11:45am Line Dance 12:00pm-1:30pm	11 Fitness Room 7:30am- 2:00pm Mexican Train 10:00am-1:00pm Pokeno 10:00am-2:00pm	12 Fitness Room 7:30am- 2:00pm Yoga (tape) 8:15am-9:15am Aerobics 9:30am-10:30am Bouree 10:00am-1:00pm Pitty Pat 10:00am-12:00pm Hand & Foot 10:00am- 2:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm	13 Fitness Room 7:30am- 2:00pm Line Dance 10:30am-11:45am Chair volleyball 12:00pm-2:00pm	14 Fitness Room 7:30am- 2:00pm Yoga (tape) 8:15am-9:15am Aerobics 9:30am-10:30am Bouree 10:00am-1:00pm Pitty Pat 10:00am-12:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm	15	
16	17 Fitness Room 7:30am- 2:00pm Yoga (tape) 8:15am-9:15am Aerobics(tape) 9:30am-10:30am Bouree 10:00am-1:00pm Center Set Up 10:45am-11:45am Line Dance 12:00pm-2pm	18 Fitness Room 7:30am-2:00pm Mexican Train 10:00am-2:00pm AARP Safety Driving 8:00am-12:00pm Registration Required	19 Bingo Sponsor Fitness Room 7:30am- 2:00pm Yoga (tape) 8:15am-9:15am Aerobics 9:30am-10:30am Bouree 10:00am-1:00pm Pitty Pat 10:00am-12:00pm Hand & Foot 10:00am- 2:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm	20 Fitness Room 7:30am- 2:00pm Just Write Wills and Estate Planning 9:30am- 10:30am Line Dance 10:30am-11:45am	21 Fitness Room 7:30am- 2:00pm Yoga (tape) 8:15am-9:15am Aerobics 9:30am-10:30am Bouree 10:00am-1:00pm Pitty Pat 10:00am-12:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm	22	
23	24 Fitness Room 7:30am- 2:00pm Yoga (tape) 8:15am-9:15am Aerobics 9:30am-10:30am Bouree 10:00am-1:00pm Center Set Up 10:45am-11:45am Line Dance 12:00pm-2:00pm	25 Fitness Room 7:30am- 2:00pm Wake Up & Walk 7:30am-9:00am Pokeno 10:00am-1:00pm Mexican Train 10:00am-2:00pm	26 Fitness Room 7:30am- 2:00pm Yoga (tape) 8:15am-9:15am Aerobics 9:30am-10:30am Bouree 10:00am-1:00pm Pitty Pat 10:00am-12:00pm Hand & Foot 10:00am- 2:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm	27 Fitness Room 7:30am- 2:00pm Color Craze 10:00am-12:00pm Line Dance 10:30am-11:45am Games Galore 12:00pm-2:00pm	28 Fitness Room 7:30am- 2:00pm Yoga (tape) 8:15am-9:15am Aerobics 9:30am-10:30am Bouree 10:00am-1:00pm Pitty Pat 10:00am-12:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm	29	
30	Notes: Coordinator-Kristy Hayes Rosehouse Senior Center 120 Statesman Dr. Lafayette, LA 70506 (337) 291-5444						