



## HEYMANN RECREATION CENTER

JANUARY 2026

| Sun | Mon   | Tue   | Wed   | Thu   | Fri   | Sat |
|-----|---|---|---|---|---|-----|
|     |   |   |   | 1<br><b>New Year's Day</b>  | 2<br>Freeplay Basketball 2pm-5pm<br>Basketball Practice 5pm-9pm<br>Game Room 2pm-9pm<br>Free play Ping Pong 2pm-9pm<br>Weight Room 2pm-9pm  | 3   |
| 4   | 5<br>Freeplay Basketball 2pm-5pm<br>Basketball Practice 5pm-9pm<br>Game Room 2pm-9pm<br>Free play Ping Pong 2pm-9pm<br>Weight Room 2pm-9pm  | 6<br>LA Knights BB Practice 3pm-5pm<br>Basketball Practice 5pm-9pm<br>Game room 2pm-9pm<br>DAZZLERS 5:30-8:30pm<br>Freeplay Ping Pong 2pm-5pm<br>Weight room 2pm-9pm  | 7<br>Freeplay Basketball 2pm-5pm<br>Basketball Practice 5pm-9pm<br>Game Room 2pm-9pm<br>Free play Ping Pong 2pm-9pm<br>Weight Room 2pm-9pm  | 8<br>LA Knights BB Practice 3pm-5pm<br>Basketball Practice 5pm-9pm<br>Game room 2pm-9pm<br>DAZZLERS 5:30-8:30pm<br>Freeplay Ping Pong 2pm-5pm<br>Weight room 2pm-9pm  | 9<br>Freeplay Basketball 2pm-5pm<br>Basketball Practice 5pm-9pm<br>Game Room 2pm-9pm<br>Free play Ping Pong 2pm-9pm<br>Weight Room 2pm-9pm  | 10  |
| 11  | 12<br>Freeplay Basketball 2pm-5pm<br>Basketball Practice 5pm-9pm<br>Game Room 2pm-9pm<br>Free play Ping Pong 2pm-9pm<br>Weight Room 2pm-9pm | 13<br>LA Knights BB Practice 3pm-5pm<br>Basketball Practice 5pm-9pm<br>Game room 2pm-9pm<br>DAZZLERS 5:30-8:30pm<br>Freeplay Ping Pong 2pm-5pm<br>Weight room 2pm-9pm | 14<br>Freeplay Basketball 2pm-5pm<br>Basketball Practice 5pm-9pm<br>Game Room 2pm-9pm<br>Free play Ping Pong 2pm-9pm<br>Weight Room 2pm-9pm | 15<br>LA Knights BB Practice 3pm-5pm<br>Basketball Practice 5pm-9pm<br>Game room 2pm-9pm<br>DAZZLERS 5:30-8:30pm<br>Freeplay Ping Pong 2pm-5pm<br>Weight room 2pm-9pm | 16<br>Freeplay Basketball 2pm-5pm<br>Basketball Practice 5pm-9pm<br>Game Room 2pm-9pm<br>Free play Ping Pong 2pm-9pm<br>Weight Room 2pm-9pm | 17  |
| 18  | 19<br><b>MLK Jr Day</b>   | 20<br>LA Knights BB Practice 3pm-5pm<br>Basketball Practice 5pm-9pm<br>Game room 2pm-9pm<br>DAZZLERS 5:30-8:30pm<br>Freeplay Ping Pong 2pm-5pm<br>Weight room 2pm-9pm | 21<br>Freeplay Basketball 2pm-5pm<br>Basketball Practice 5pm-9pm<br>Game Room 2pm-9pm<br>Free play Ping Pong 2pm-9pm<br>Weight Room 2pm-9pm | 22<br>LA Knights BB Practice 3pm-5pm<br>Basketball Practice 5pm-9pm<br>Game room 2pm-9pm<br>DAZZLERS 5:30-8:30pm<br>Freeplay Ping Pong 2pm-5pm<br>Weight room 2pm-9pm | 23<br>Freeplay Basketball 2pm-5pm<br>Basketball Practice 5pm-9pm<br>Game Room 2pm-9pm<br>Free play Ping Pong 2pm-9pm<br>Weight Room 2pm-9pm | 24  |
| 25  | 26<br>Freeplay Basketball 2pm-5pm<br>Basketball Practice 5pm-9pm<br>Game Room 2pm-9pm<br>Free play Ping Pong 2pm-9pm<br>Weight Room 2pm-9pm | 27<br>LA Knights BB Practice 3pm-5pm<br>Basketball Practice 5pm-9pm<br>Game room 2pm-9pm<br>DAZZLERS 5:30-8:30pm<br>Freeplay Ping Pong 2pm-5pm<br>Weight room 2pm-9pm | 28<br>Freeplay Basketball 2pm-5pm<br>Basketball Practice 5pm-9pm<br>Game Room 2pm-9pm<br>Free play Ping Pong 2pm-9pm<br>Weight Room 2pm-9pm | 29<br>LA Knights BB Practice 3pm-5pm<br>Basketball Practice 5pm-9pm<br>Game room 2pm-9pm<br>DAZZLERS 5:30-8:30pm<br>Freeplay Ping Pong 2pm-5pm<br>Weight room 2pm-9pm | 30<br>Freeplay Basketball 2pm-5pm<br>Basketball Practice 5pm-9pm<br>Game Room 2pm-9pm<br>Free play Ping Pong 2pm-9pm<br>Weight Room 2pm-9pm | 31  |
|     |   | Coordinator: Isaiah Norwood / Custodian: Ronnie Francis Address: 1500 S. Orange St., Lafayette, LA 70501 Ph. # 337--291--5562   |   |   |   |     |