

The Rosehouse Health & Wellness Center

MAY 2019 Events

- THURSDAY – 2ND** **AARP SMART DRIVER COURSE – 8:30 A.M. – 12:30 P.M.** – The AARP Smart Driver course is a good way to keep up with the changes in the rules of the road. The fee for this driver safety course is \$15.00 for AARP members and \$20.00 for non-members. Upon completion of this course, you will receive a certificate which may make you eligible for a discount on your auto insurance premiums. **ONLY CHECKS/MONEY ORDERS FOR THE CORRECT AMOUNT MADE OUT TO AARP WILL BE ACCEPTED. YOU MUST REGISTER FOR THIS CLASS BY CALLING 291-5444. LIMITED SEATING!**
- WEDNESDAY – 8TH** **ELITE PARTNERS– PRESENTATION/BINGO – 12:30 P.M. & 1:00 P.M.** – Join Brady Stoutes, Sales Representative with Elite as he gives you information on the types of services provided. Afterwards, Brady will provide Bingo prizes for the winners.
- THURSDAY – 9TH** **INDOOR GARAGE/CRAFT SALE – 8:00 A.M. – 11:00 A.M.** – Spread the word and find a great bargain at the indoor garage/craft sale. Booth space is **FREE** but registration is a **MUST!! THERE IS NO FEE AND IT IS OPEN TO THE PUBLIC.** **PLEASE REGISTER EARLY FOR YOUR TABLE BY CALLING 291-5444**
- FRIDAY – 10TH** **UNITEDHEALTHCARE PRESENTATION/BINGO – 12:30 P.M. & 1:00 P.M.** – Do you like to play Bingo? Join Erana Richard, Outreach Marketing Specialist with UnitedHealthCare, as she gives information about services provided. Afterwards, she will provide prizes for Bingo winners.
- MONDAY - 13TH** **MEDICARE/MEDICAID – 10:00 A.M.–11:30 P.M.** – Feeling confused about letters from your insurance company, RX coverage or Medicare? Brady Stoutes, Medicare/Insurance Benefits Specialist, will donate his time and expertise to answer any questions, interpret letters and offer advice and guidance.
- WEDNESDAY – 15TH** **EDWARD JONES FINANCIAL – 11:00 A.M.** – Do have questions concerning your financial health? Raymond Romero, Financial Advisor with Edward Jones, will be available to answer any of your questions.
- WEDNESDAY -17TH** **MERIDIAN SENIOR LIVING/BINGO – 12:30 P.M. & 1:00 P.M.** – Join Sue Johnston, National Sales Director with Meridian/Cedar Crest Senior Living, as she discusses “Tips for engaging memory impairment.”
- THURSDAY – 23RD** **CHAIR VOLLEYBALL – ST JOSEPH HOSPICE - 1:30 P.M.** – Do you like to have fun, be with people, & can laugh at yourself? Then come & join us for a game of chair volleyball and see the fun you have been missing. Join Latrell Granger, Volunteer Coordinator with St Joseph Hospice, as she provides us with information of services provided and plays volleyball with us. **PLEASE REGISTER EARLY BY CALLING 291-5444. LIMITED SEATING! ONLY 24 PEOPLE CAN SIGN UP SO CALL EARLY!!!**
- MONDAY – 27TH** **CENTER CLOSED – MEMORIAL DAY**
- WEDNESDAY -29TH** **NATIONAL SENIOR HEALTH AND FITNESS DAY—9:00 A.M. - 11:00 A.M.** — “Live and Thrive with Exercise!” Come and join us as we celebrate the 25th Annual National Senior Health & Fitness Day. The common goal for this day is to help keep older Americans healthy and fit. **PLEASE REGISTER EARLY BY CALLING 291-5444.**
- THURSDAY – 30th** **AARP SMART DRIVER COURSE – 8:30 A.M. – 12:30 P.M.** – The AARP Smart Driver course is a good way to keep up with the changes in the rules of the road. The fee for this driver safety course is \$15.00 for AARP members and \$20.00 for non-members. Upon completion of this course, you will receive a certificate which may make you eligible for a discount on your auto insurance premiums. **ONLY CHECKS/MONEY ORDERS FOR THE CORRECT AMOUNT MADE OUT TO AARP WILL BE ACCEPTED. YOU MUST REGISTER FOR THIS CLASS BY CALLING 291-5444. LIMITED SEATING!**

UPCOMING EVENTS IN JUNE

- THURSDAY – 6TH** **AARP SMART DRIVER COURSE – 8:30 A.M. – 12:30 P.M.** – The AARP Smart Driver course is a good way to keep up with the changes in the rules of the road. The fee for this driver safety course is \$15.00 for AARP members and \$20.00 for non-members. Upon completion of this course, you will receive a certificate which may make you eligible for a discount on your auto insurance premiums. **ONLY CHECKS/MONEY ORDERS FOR THE CORRECT AMOUNT MADE OUT TO AARP WILL BE ACCEPTED. YOU MUST REGISTER FOR THIS CLASS BY CALLING 291-5444. LIMITED SEATING!**
- THURSDAY-27TH** **CHAIR VOLLEYBALL – ST. JOSEPH HOSPICE – 1:30 P.M.** – Do you like to have fun, be with people, and can laugh at yourself? Then join us for a game of chair volleyball and see the fun you have been missing. **PLEASE REGISTER EARLY BY CALLING 291-5444. LIMITED SEATING! ONLY 24 PEOPLE CAN SIGN UP SO CALL EARLY!!!**

REGULARLY SCHEDULED PROGRAMS

Monday -	8:15 AM	Yoga
	9:30 AM	Low-Impact Aerobics
	10:30 AM	Chair Aerobics
	11:30 AM	Zumba
	12:30 PM	Bridge
	1:30 PM	Poker
Tuesday -	10:30 AM	Line Dancing
	12:00 PM	Advanced Line Dancing
Wednesday-	8:15 AM	Yoga
	9:30 AM	Low-Impact Aerobics
	10:30 AM	Chair Aerobics
	1:00 PM	Bingo
	1:30 PM	Poker
Thursday -	12:00 PM	Pokeno (1st Thursday of the month)
	11:00 AM	Pokeno (3rd Thursday of the month)
	1:30 PM	Chair Volleyball (4 th Thursday of the Month- registration needed)
Friday -	8:15 AM	Yoga
	9:30 AM	Low-Impact Aerobics
	10:30 AM	Chair Aerobics
	1:00 PM	Bingo
	1:30 PM	Poker

GOAL

The goal of the Senior Centers is to meet the needs of elderly persons from various cultural, economic and ethnic backgrounds through the continuous development of a comprehensive program of activities.

MEMBERSHIP

Membership is free and is open to persons who reside in Lafayette Parish and are 55 years of age and older.

CONTACT INFORMATION

Location: 120 Statesman Dr.
Lafayette, LA 70506

Phone (337) 291-5444 **Fax:** (337) 291-5447

Hours: Monday - Friday
7:30 AM - 4:30 PM

**LAFAYETTE CONSOLIDATED GOVERNMENT
COMMUNITY DEVELOPMENT DEPARTMENT
HUMAN SERVICES DIVISION/SENIOR CENTERS**

<http://www.lafayettela.gov/CommunityDevelopment/HumanServices/Pages/Senior-Center.aspx>