

# *The Rosehouse Health & Wellness Center*

## *February 2019 Events*

- FRIDAY – 1<sup>ST</sup>**      **HUMANA – PRESENTATION/BINGO – 12:30 P.M. & 1:00 P.M.** – Join Richard Wolfe, Sales Representative with Humana, as he gives you information on the types of insurance Humana provides. Afterwards, Richard will provide Bingo prizes for the winners.
- WEDNESDAY-6<sup>TH</sup>**      **VOLUNTEERS OF AMERICA/SPONSORED BINGO –ACADIANA PROGRAMS - 1:00 P.M.** – Join us for a few games of bingo with old friends and meet new ones. Rae Gremillion, Community Liaison with Volunteers of America, will provide bingo prizes for the winners.
- THURSDAY-7<sup>TH</sup>**      **AARP SMART DRIVER COURSE – 8:30 A.M. – 12:30 P.M.** – The AARP Smart Driver course is a good way to keep up with the changes in the rules of the road. The fee for this driver safety course is \$15.00 for AARP members and \$20.00 for non-members. Upon completion of this course, you will receive a certificate which may make you eligible for a discount on your auto insurance premiums. **ONLY CHECKS/MONEY ORDERS FOR THE CORRECT AMOUNT MADE OUT TO AARP WILL BE ACCEPTED. YOU MUST REGISTER FOR THIS CLASS BY CALLING 291-5444. LIMITED SEATING!**
- FRIDAY-8<sup>TH</sup>**      **UNITEDHEALTHCARE – PRESENTATION/BINGO - 12:30 P.M. & 1:00 P.M.** – Join us as Erana Richard, Outreach Marketing Specialist with UnitedHealthcare, talks about the services provided. Afterwards, Erana will provide prizes for the Bingo winners.
- WEDNESDAY – 13<sup>TH</sup>**      **PEOPLES HEALTH – “MEDICARE & MUFFINS” PRESENTATION/BINGO – 12:30 P.M. & 1:00 P.M.** – Join Jalyne Landry, Community Outreach Specialist with Peoples Health as she discusses the eight things you need to know about Medicare. Afterwards, Jalyne will provide prizes for bingo winners.
- FRIDAY – 15<sup>TH</sup>**      **COMPASS HEALTH – SPONSORED BINGO 1:00 P.M.** – Do you like to play bingo and win prizes? Join Ceesia Bullitt, Patient Advocate Director with Compass Health, as she provides bingo prizes for the winners.
- WEDNESDAY – 20<sup>TH</sup>**      **AFFILIATED BLIND OF LOUISIANA – PRESENTATION/BINGO – 12:30 P.M. & 1:00 P.M.** – Join Stacy Charles and Kelly Huntsberry, program coordinators with Affiliated Blind of Louisiana, as they provide information about offered services. Afterwards, they will provide prizes for Bingo winners.
- THURSDAY – 28<sup>TH</sup>**      **AARP SMART DRIVER COURSE – 8:30 A.M. – 12:30 P.M.** – The AARP Smart Driver course is a good way to keep up with the changes in the rules of the road. The fee for this driver safety course is \$15.00 for AARP members and \$20.00 for non-members. Upon completion of this course, you will receive a certificate which may make you eligible for a discount on your auto insurance premiums. **ONLY CHECKS/MONEY ORDERS FOR THE CORRECT AMOUNT MADE OUT TO AARP WILL BE ACCEPTED. YOU MUST REGISTER FOR THIS CLASS BY CALLING 291-5444. LIMITED SEATING!**
- THURSDAY-28<sup>TH</sup>**      **CHAIR VOLLEYBALL – ST. JOSEPH HOSPICE – 1:30 P.M.** – Do you like to have fun, be with people, & can laugh at yourself? Then come & join us for a game of chair volleyball and see the fun you have been missing. Join Latrell Granger, Patient Care Representative with St. Joseph Hospice, as she provides us with information on services provided. **PLEASE REGISTER EARLY BY CALLING 291-5444. LIMITED SEATING! ONLY 24 PEOPLE CAN SIGN UP SO CALL EARLY!!!**

### **UPCOMING EVENTS IN MARCH**

- TUESDAY – 5<sup>TH</sup>**      **CENTER CLOSED**
- THURSDAY- 7<sup>TH</sup>**      **AARP SMART DRIVER COURSE – 8:30 A.M. – 12:30 P.M.** – The AARP Smart Driver course is a good way to keep up with the changes in the rules of the road. The fee for this driver safety course is \$15.00 for AARP members and \$20.00 for non-members. Upon completion of this course, you will receive a certificate which may make you eligible for a discount on your auto insurance premiums. **ONLY CHECKS/MONEY ORDERS FOR THE CORRECT AMOUNT MADE OUT TO AARP WILL BE ACCEPTED. YOU MUST REGISTER FOR THIS CLASS BY CALLING 291-5444. LIMITED SEATING!**
- THURSDAY-14<sup>TH</sup>**      **INDOOR GARAGE/CRAFT SALE – 8:00 A.M. – 11:00 A.M.** – Spread the word and find a great bargain at the indoor garage/craft sale. Booth space is **FREE** but registration is a **MUST!!** There will be plenty of parking. **PLEASE REGISTER EARLY FOR YOUR TABLE BY CALLING 291-5444. THERE IS NO FEE AND IT IS OPEN TO THE PUBLIC.**

## ***REGULARLY SCHEDULED PROGRAMS***

<b>Monday -</b>	8:15 AM	Yoga
	9:30 AM	Low-Impact Aerobics
	10:30 AM	Chair Aerobics
	11:30 AM	Zumba
	12:30 PM	Bridge
	1:30 PM	Poker
<b>Tuesday -</b>	10:30 AM	Line Dancing
	12:00 PM	Advanced Line Dancing
<b>Wednesday-</b>	8:15 AM	Yoga
	9:30 AM	Low-Impact Aerobics
	10:30 AM	Chair Aerobics
	1:00 PM	Bingo
	1:30 PM	Poker
<b>Thursday -</b>	12:00 PM	Pokeno (1st Thursday of the month)
	11:00 AM	Pokeno (3rd Thursday of the month)
	1:30 PM	Chair Volleyball (4th Thursday of the month. Must Register)
<b>Friday -</b>	8:15 AM	Yoga
	9:30 AM	Low-Impact Aerobics
	10:30 AM	Chair Aerobics
	1:00 PM	Bingo
	1:30 PM	Poker

### **GOAL**

The goal of the Senior Centers is to meet the needs of elderly persons from various cultural, economic and ethnic backgrounds through the continuous development of a comprehensive program of activities.

### **MEMBERSHIP**

Membership is free and is open to persons who reside in Lafayette Parish and are 55 years of age and older.

### **CONTACT INFORMATION**

**Location:** 120 Statesman Dr.  
Lafayette, LA 70506

**Phone** (337) 291-5444 **Fax:** (337) 291-5447

**Hours:** Monday - Friday  
7:30 AM - 4:30 PM

**LAFAYETTE CONSOLIDATED GOVERNMENT  
COMMUNITY DEVELOPMENT DEPARTMENT  
HUMAN SERVICES DIVISION/SENIOR CENTERS**

<http://www.lafayettela.gov/CommunityDevelopment/HumanServices/Pages/Senior-Center.aspx>